

PRETTY LITTLE  
PICTURES

photography



Newborn Session  
What to Expect





## Once Baby has Arrived

Once the moment you have been waiting for has finally happened, and baby has made his/her arrival, I ask that you contact my studio as soon as possible to schedule your newborn session either via email or text. The best time to schedule your newborn session is while baby is between 4-12 days new, as baby is generally the sleepest and most cooperative during these first two weeks of life.



## Before Your Session...

Having a sleepy well fed baby at your session is ideal however I understand that at this age most babies have not yet formed a routine. If you have a chance to feed your baby just prior to the session than please do so however if your baby is not yet ready than there is plenty of time to do so once you arrive. Please dress your baby in light easy to remove clothing so that if they are asleep on arrival it is easy to undress them without waking them.



## *Length & Room Conditions of Session...*

Newborn sessions can run from 1-2.5hrs depending on feeding breaks and how cooperative your baby wishes to be while posing.

My studio is located outside under my patio so the temperature is always warm which helps baby stay nice and comfortable while we have them undressed for the session.



## What to Wear | Parents

Clothing that is neutral or soft colours work best when photographing you with your newborn. Shirts { with no logos or words } are best for Dad.

Depending on Dad's comfort level, photographing baby on a bare chest is a beautiful backdrop for creating incredible images.

I also have fabrics and other materials that can be utilized for images with mum that help create soft and beautiful images.

## What to Wear | Siblings

Capturing images of siblings is a wonderful way to create a new bond between baby and big brother or sister.

Prior to your session, we recommend having them practice holding their new baby brother or sister at home so that they are familiar with staying still while holding a baby.

Please bring solid color shirts for boys {preferably with no logos} or they can be photographed shirtless and either a solid color dress or top for girls in more neutral colors like white, navy, light pastels, etc.

Please also bring snacks and any other items that will help big brother or big sister stay happy and content during the session.

And most importantly, let them know how fun this will be. No need to worry or stress, I love working with kids and will help create a fun and stress free experience for them and





## What to Wear | Baby

For the majority of all newborn sessions I photograph baby in the nude, as this is the most natural way to capture all of their tiny little details from fingers to toes.

## Session Props

I will supply and have readily available a multitude of props and blankets for the session. All of my props and blankets are washable and "baby proof," so please do not worry one bit if baby has an accident during your session.

I also have a plenty of hats, headbands, pants, etc to incorporate during the sessions.

If you wish to purchase headbands or hats for your session, I request that they be kept dainty and more understated for baby. I try to keep anything placed on baby's head more of an understatement rather than the focus.

Please Note: Baby's safety is #1 throughout the entire session. If we are using a prop that needs additional spotting, I will ask you to assist as we capture those images.





## Rescheduling & Reshoots

Understandably, the recovery process for all women is different. Some heal quickly, while others may need a few extra days to recover. If after your session has been scheduled, you find your pain level too high to travel, please contact the studio with at least 24-hours notice so that I may reschedule your session.

Very rarely do we need to schedule a reshoot, however, if baby is having a difficult time during the session, a reshoot may be scheduled **before** baby is 14 days new as sessions are schedule between 4-10 days of baby's birth.



## Questions?

If you have any questions leading up to your session, please do not hesitate to call or email the studio!

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